



Get in - Train - Get Out

The following protocols are in addition to the AFL protocols

General

- **If a player is unwell even has a runny nose or is coughing – do not attend training.**
- Training Sessions will be 50 minutes with a 15-minute gap between each session to allow for easy changeover.
- Each training session will be 3 * 10 groups (including coach at any one time) on the ground.
- Prior to entering the training session each participant must clean their hands with sanitiser.
- Each participant must have their own water bottle.
- Post the training session each participant must clean their hands with sanitiser.
- All equipment – balls and cones – must be cleaned at the end of each session.
- Participants must remain always be 1.5m apart.
- Mouth guards may be used but not be removed during training sessions.

Movement onto and off grounds

- Players, coaches and parents must move into or out of the grounds as per the attached maps for
 - Drummoyne Oval
 - St Luke's Oval
 - Five Dock Park
- Only participants (players and coaches) should be on the field of play during training sessions

Amenities

- Toilets will be open
- Change will not be open unless being utilised as toilets
- No canteen facilities

Please see following pages for oval entry and exit points.

Drummoyne Oval



Five Dock Park



St Luke's Oval

